

Windale Public School Newsletter

Term 3 Week 10



Wishing all of our wonderful students, families and staff a well deserved and enjoyable break.

We look forward to seeing all children back at school on Monday the 14th of October.

Emus News

This week, the Emu's visited Speers Point Park with Kawuma peers. We enjoyed taking turns on the flying fox and sliding down the huge slide! The highlight of our day was racing each other to the very top of the playground. We finished our time at the park with chicken bread rolls.





Empathy

Working on empathy helps us to identify, understand and feel what another person is feeling. When we show empathy or we do something kind for someone else our brain releases oxytocin. This leads to increasing our self-esteem/confidence, energy levels, positivity and overall happiness.

Whole Family Activity

Neighbourhood Kindness Challenge

As a family, choose an act of kindness from the list below that you would like to do for a neighbour or family friend. Each family member can select one to commit to, or you can choose to do one together.

- Cook them something delicious like a cake, hot bread, or cookies.
- Write a note to put in their letterbox thanking them for being a great neighbour or friend.
- Design them a Thank You card.
- Pick or buy some flowers to deliver to them.
- Choose a little plant from your garden to give them.
- Make them a gift from things around your house.
- Offer to do a job for them, like wash their car or water their garden.
- Offer to take their pets for a walk.
- Invite them over for afternoon tea.
- Invite them on a walk.
- Recommend one of your favourite books to borrow and read.
- Ask them if they need anything from the shops next time you buy groceries.
- Say hello next time you see them, and ask them how their day is going.



Feel free to do more than one and spread the kindness even further!
Report back to each other in one week and share how your acts of kindness were received, and how doing them made you feel.

Family Habit Builder

Every night at dinner, have each person thank another family member for something they've done or said today, or give another family member a compliment.



WINDALE PUBLIC SCHOOL PARENTS AND CITIZENS ASSOCIATION

URGENT- Volunteer Position Vacant



To enable the P&C to maintain operation 5 days a week to keep costs low for our children and families.

In line with the new food safety laws coming into effect 4.12.24, Canteen Managers are required to hold a current Food Safety Supervisors Certificate. This training will be provided at no cost.

Duties include:

- Supporting volunteers and their requirements
- Rosters and ordering
- Maintaining a clean, food safe canteen
- Reporting to P&C meetings Bi Termly



Please contact the P&C for more details.

We need more canteen volunteers, or the canteen will need to close on some days.

Next Meeting

To be advised

Come along and meet the team. See what's happening around the school, bring along some ideas for fundraising or ways to make our school even better for our wonderful kids.

Membership is \$2, if you can volunteer that would be great but not a requirement for joining.

Keep an eye on the Windale PC Facebook page for any updates.



Thank you,

Windale Public School P&C

What's Happening at Milabah Term 4

Monday

Circle of Security

10.00am – 12.00 Understand secure parent-child relationships with the Circle of Security Program.

Grounded in decades of research this program helps you to understand your child's emotional needs.

Foster a secure attachment and relationship with your child. Call 0436924518 to register. See flyer attached.

Tuesday

Jarjum's Playgroup – 9.30am – 11.30am



If you have a child 0–5 year old, come and join Belinda for our community playgroup, have some fun and pick up some great ideas to keep your children's active minds busy with reading, nursery rhymes, playdough and lots of craft activities. We request a gold coin donation for craft items.

ARISE Community Support

2pm – 2.45pm (Kitchen area) Wellbeing Group (student's group)

Wednesday

Samaritan's Supported Playgroup – 9.30am -11.30am



Come along and join Claire for lots of fun, crafts, games, music and stories – and it's free. *Please bring your child's morning tea.*

For information call: Claire Hicks 0418 453 848

Thursday

HIPPY Parent Group – 10am – 12pm (Fortnightly Odd weeks)

HIPPY is a two-year, home-based early childhood learning and parenting program that builds the confidence and skills of parents and carers to create a positive learning environment to prepare the child for school. Contact Courtney Tisdell (HIPPY Coordinator) on 0493 201 944.

Friday

Community Art and Weaving group 1pm

Come and have a cuppa with Aunty Boo, learn some weaving and make community connections. **Everyone welcome.**

For any information on what's happening at Milabah,

please call Roselea or Allison on 49487786



Discover the benefits of HIPPY for you and your child

Feel supported

Join HIPPY with your 3 year old child and you'll get fun and free activity packs, storybooks and the support of a HIPPY Tutor.

Tutors will practice activities with you at each home visit so that you feel confident doing them with your child.

HIPPY only takes 10-15 minutes a day of learning and playing with your child to make change that lasts a lifetime

Be part of a community

Take part in fun, welcoming and family-friendly HIPPY Gatherings.

They're opportunity for you to meet other HIPPY families, learn about your child's development and to hear about local services and events in your community.



HIPPY Eastlakes Contact Information

Coordinator: Courtney Tisdell

Contact Number: 0493 201 944

Contact Email: hippy@jobquest.org.au

Circle of Security

Parenting Program

Understand secure parent-child relationships with the Circle of Security Parenting™ program.

Grounded in decades of research this program helps you to:

- Understand and nurture your child's emotional needs.
- Support your child's ability to successfully manage emotions.
- Boost your child's self-esteem.
- Foster a secure attachment and relationship with your child.

The Circle of Security Program offers evidence-based parenting strategies and support to help parents understand and respond effectively to their child's emotional needs, fostering secure parent/carer-child relationships.

Date: Monday 28th October (every Monday for 6 weeks)

Time: 10am - 12pm

Cost: FREE

Venue: Windale Public School - Milabah Room

Contact for more information and to register:

0436924518 | caps@samaritans.org.au | CAPS Website

Samaritans



GO4FUN®

HEALTHY ACTIVE HAPPY KIDS

GO4FUN.COM.AU | 1800 780 900

Springloaded Gateshead

MONDAYS 4-6PM STARTS

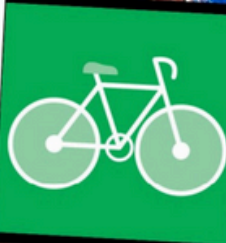
14/10/2024

KIDS AGED 7-13 YEARS AND THEIR FAMILIES

- Register now for Term 4!
- Register online or call 1800780900
- Make new friends.
- Kids play active games
- Trampoline fun each week!
- All sessions are FREE!
- Come along and have some FUN!



HEALTHYEATING
ACTIVE LIVING



MEN'S WELLBEING & MENTAL HEALTH EVENT

Join us for an evening with GUEST SPEAKER NRL Commentator, Mental health Advocate/Author

CRAIG HAMILTON

Panel discussion - Isolation to Connection

Music performance - Isaac Compton

Broadmeadow Rooms - Level 2

Mcdonald Jones Stadium

TUES 22 OCTOBER

4.30pm arrival for 5pm -7pm Event

Light Refreshments & Non Alcoholic beverages

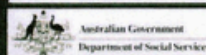


FREE - Humanitix booking via QR Code

or RSVP to 0490 331 617

Family Support Newcastle - Mens Program www.nfss.org.au

Proudly Supported by:



Hosted by:



SCHOOL HOLIDAY FUN

Do the BAT Walk

Everyday of School Holidays

Learn about these amazing creatures. Make a bat, pop into our special 'bat cave', judge the Bat Beauty competition and lots more. **Cost: FREE with Entry**



Bat Talk & Craft

Monday 30th Sept & Tuesday 8th Oct at 10-11.30am

Are bats scary bloodsuckers OR are they cute, furry native animals that are important for our ecosystem? Find out with Anne from Hunter Wildlife Rescue!

Cost: FREE with Entry - but book a seat online!
Get Tickets: wetlands.org.au/upcoming-events

Reptile Encounters **Cost: \$5pp plus Entry**

Wed 2 Oct	11.00am	We've added EXTRA
Mon 7 Oct	11.00am	Reptile Encounters
Wed 9 Oct	11.00am	in the school holidays!
PLUS EVERY Sat & Sun 11am		

Plus

Dipnetting
Playgrounds
Walking Trails
Guided Walks
Bird Feeding
Animal House
Egret Tower

Wetlands Art & Writing Comp

Entries in our 40th Anniversary Primary School Students Art and Writing Competition will be on display from 30 September to 11 October 2024. Pop in and see the work of our talented students.

1 Wetlands Pl
Shortland
wetlands.org.au



Windale Public School free Cricket Program

SHARE OUR SPACE

- ✓ Perfect for boys and girls aged 5-12
- ✓ Develop fundamental cricket skills in a fun and inclusive environment

When: Friday, 4 October 2024

Time: 9.30am - 3.30pm

Where: Windale Public School, 8 Kilfera Street, Windale

Cost: FREE

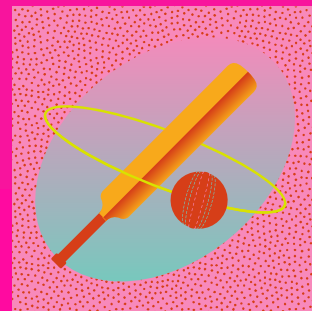
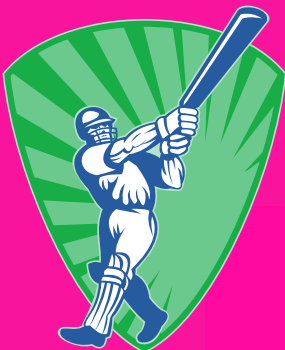
Scan the QR Code to register

REGISTER NOW



Sydney Sixers are proud to be a Share Our Space activity provider.
Share Our Space is an initiative of the NSW Department of Education.

Enquiries: Email Tighan.Tosen@cricketnsw.com.au





REDHEAD

0478 106 602

redhead@fairplayoosh.com.au



Fair Play OOSH Redhead

Monday 30th

Revolution

Come along and join us for a PRIVATE closed session at Revolution.

Enjoy the main arena with over 50 interconnected trampolines and an ICE BOX (foam pit) or find your way into the inflatable arena where you can tackle the obstacle course, go head to head on the battle beam or enjoy the slides.

If this still isn't what you want to do, you can enjoy the kiddies arena and the climbing playground.

Excursion

Tuesday 1st

Raw Challenge

Venture down the coast today and tackle the obstacles on the Raw Challenge course.

Today isn't about how fast you can get through the obstacles but how you work as a team in your groups.

Be prepared to get muddy and messy and enjoy a FULL day of fun testing yourself and your skills.

You will leave feeling very proud.

Excursion

Wednesday 2nd

Newcastle Harbour Cruise Disco

"New and exciting" is the theme of today.

Jump aboard the super yacht for a disco party cruising the harbour of Newcastle.

Not only will you be able to see Newcastle from a different angle, but we will be dancing and laughing while taking in the breathtaking views.

Don't miss out on this new excursion.

Excursion

Thursday 3rd

Party Bus & Park Crawl

Book now to reserve your seat on the party bus.

Enjoy singing your heart out on the bus in between park stops.

We will also be treated to a yummy lunch in the park before venturing back for a relaxing afternoon of child lead play.

You will also have a party bag to take home.

Excursion

Friday 4th

Junkyard Beats

In the hands of junkyard beats, ordinary household items are transformed into musical instruments that create a toe tapping, electric atmosphere that makes you want to get up and move.

Join us today for a performance and workshop where you will be sure to be amazed and inspired by the combination of music and sustainability.

Incursion

Booking form to be completed to confirm your spot



SCAN ME



Monday 7th

SORRY WE'RE CLOSED

Tuesday 8th

Pulse Climbing

Enter the world of rock climbing today as you enter the two separate bouldering areas.

Begin with the safety training and learn to climb safely, then tackle the walls and test your strength.

There are super-easy climbs for beginners and young kids and difficult climbs for the hard-core climbers.

We look forward to seeing you all succeed individually.

Excursion

Wednesday 9th

Kym the Reptile Man

Today we have Kym "The Reptile Man" visiting the service for a hands-on experience with some of his reptile friends.

During the show we will learn facts about the animals, have a laugh and watch the educators squirm as they as are asked to participate in the show.

Spend the afternoon creating your own reptile or bug from the craft materials.

Incursion

Thursday 10th

Red Alert Laser Tag

Test your combat skills in the multi-level laser tag arena during our private hire at Red Alert Laser Tag.

There is hours of fun to be had during this out of this world experience with unlimited games of laser tag to play.

Head back to OOSH and take part in more activities to test your target skills as well as working on hand eye coordination.

Excursion

Friday 11th

Movie Madness

The time has come for us to escape to the cinemas for a private viewing of

Runt

While you are there, kick up your feet and enjoy some fresh popcorn. If you would like to, feel free to dress up and get into character.

Back at OOSH the Educators will provide craft, games and more.

Excursion



SEPTEMBER/OCTOBER 2024

31 Hutchinson Street, Redhead





WINDALE PUBLIC SCHOOL

KINDERGARTEN 2025



ENROL NOW FOR Kindergarten 2025

IS YOUR CHILD
TURNING 6 IN 2025?

NOW IS THE TIME
TO ENROL IN
KINDERGARTEN!



Contact: Windale Public
School
Kilfera Street, Windale 2306
TEL: 49488864

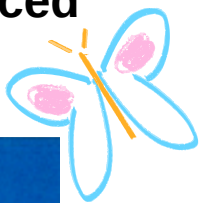
EMAIL: windale-p.schools.nsw.edu.au
WEBSITE: <https://windale-p.schools.nsw.gov.au>

ORIENTATION DATES

Dates are:

- Wednesday 13th November 9am-11am
- Wednesday 20th November 9am-11am
- Wednesday 27th November 9am-11am
- Wednesday 4th December 9am-11am

If your child does not attend Windale Public School preschool, we invite them to come along to our enhanced transition program also.



ENHANCED TRANSITION PROGRAM Kindergarten 2025

MONDAYS 2PM-2.30PM, KINDER ROOM (MEET IN THE SCHOOL OFFICE)
FROM MONDAY 19TH AUGUST 2024

FOR CHILDREN WHO WILL BE STARTING KINDERGARTEN AT WINDALE PUBLIC SCHOOL IN 2025 AND DO NOT ATTEND WINDALE PUBLIC SCHOOL PRESCHOOL

Contact the school



49488864

Email: www.windalep.school@det.nsw.edu.au
Website: windale-p.schools.nsw.edu.au

Social Media
Catch up with us on Facebook!

